

“I was told I was dangerous. I asked why, and the response was: ‘because you don’t depend on anyone but yourself’.

I smiled”.

We Can Do It!



**“Your time as a
caterpillar has expired.
Your wings are ready”.**

Photo: Anne-Maria Yritys. <https://www.leadingwithpassion.org>

We Can Do It!



“You did not wake up today to be mediocre”.

We Can Do It!



**“When you know
yourself you are
empowered. When you
accept yourself you are
invincible”.**
-Tina Lifford

We Can Do It!



**“Once in a while blow
your own damn mind”.**

We Can Do It!



**“Your greatest self has
been waiting your
whole life. Don’t make
it wait any longer”.**

-Dr. Steve Maraboli

We Can Do It!



“The empowered woman is powerful beyond measure and beautiful beyond description”.

-Dr. Steve Maraboli



**“Real women are
classy, strong,
independent, loyal,
lovable & one thing
about them is they
know they deserve
better”.**

We Can Do It!



“Teach your daughters less about fitting into glass slippers and more about shattering glass ceilings”.

We Can Do It!



**“Stop squeezing into
places that don’t fit
you”.**

-Iyanla Vanzant



“Empowerment is never about blame: it is about taking personal responsibility”.

-Bryant McGill

We Can Do It!



**“Anything’s possible if
you have got enough
nerve”.**

- J.K.Rowling

We Can Do It!



“Stand up for what you believe in even if it means standing alone”.

We Can Do It!



“I would like to be known as an intelligent woman, a courageous woman, a loving woman, a woman who teaches by being”.

-Maya Angelou

We Can Do It!



**“The question isn’t who
is going to let me; it is
who is going to stop
me”.**

-Ayn Rand

We Can Do It!



“When you learn how much you are worth, you are going to stop giving people discounts”.

We Can Do It!



**“Confidence has no
competition”.**

We Can Do It!



**“Be your best self. Not
for anyone else. For
you”.**

We Can Do It!



**“You have always had
the power my dear, you
just had to learn it for
yourself”.**

-The Wizard of Oz



“Feminism isn’t about making women stronger. Women are already strong. It is about changing the way the world perceives that strength”.

-G.D.Anderson



**“Pretty is not the rent
you pay in the world to
exist as a woman”.**

Photo: Anne-Maria Yritys. <https://www.leadingwithpassion.org>

We Can Do It!



“The role of leaders is not to get other people to follow them but to empower others to lead”.

-Bill George

We Can Do It!



**“Educate a girl and she
can change the world”.**

We Can Do It!



**“Stand up.
Speak up.
Show up.
For something”.**

We Can Do It!



**“You are a diamond
dear. They cannot
break you”.**

We Can Do It!



“Treat yourself as a queen and you will attract a king”.

We Can Do It!



“Every woman has the right to be treated with dignity & respect. No one can humiliate or verbally abuse you”.

Photo: Anne-Maria Yritys. <https://www.leadingwithpassion.org>

We Can Do It!



“Stop giving people the power to steal your peace. It belongs to you and no one should be able to run away with it”.

-A. Elle

We Can Do It!



**“Empowered women
empower other women
(and, men)”.**

Photo: Anne-Maria Yritys. <https://www.leadingwithpassion.org>

We Can Do It!



**“When I lost all of my
excuses I lost all of my
results”.**

We Can Do It!



**“A strong woman
stands up for herself. A
stronger woman stands
up for everyone else”.**

Photo: Anne-Maria Yritys. <https://www.leadingwithpassion.org>

We Can Do It!



**“You get in life what
you have the courage
to ask for”.**

-Oprah Winfrey

We Can Do It!



“There is no tool for development more effective than the empowerment of women”.

We Can Do It!



**“There is no force equal
to a woman determined
to rise”.**

-W.E.B. Dubois

We Can Do It!



**“Be the kind of woman
that makes other
women want to be as
strong as you are”.**

We Can Do It!



**“Each and every day,
ask yourself:
Why the hell not”?**

We Can Do It!



**“And though she be but
little, she is fierce”.**

-William Shakespeare

We Can Do It!



**“Real, resilient,
empowered, ambitious
leader”.**

-Stephanie Lahart



“Be yourself. Everyone else is already taken”.

We Can Do It!



“Truly powerful women do not explain why they want respect. They simply do not engage those who do not give it to them”.

Photo: Anne-Maria Yritys. <https://www.leadingwithpassion.org>

We Can Do It!



**“One woman can make
a difference but
together we can rock
the world”.**

We Can Do It!



**“Be the kind of woman
that when your feet hit
the floor each morning,
the devil says: ‘Oh
crap, she’s up’”.**

We Can Do It!



“Strong women wear the pain like they wear stilettos. No matter how much it hurts, all you see is the beauty of it”.

Photo: Anne-Maria Yritys. <https://www.leadingwithpassion.org>

We Can Do It!



“You are a hurricane of a girl; remember to breathe every once in a while, do not drown within your own storm”.

Photo: Anne-Maria Yritys. <https://www.leadingwithpassion.org>

We Can Do It!



**“Do not put the key to
your happiness in
someone else’s
pocket”.**

We Can Do It!



**“A soft woman is simply
a wolf caught in
meditation”.**

-Pavana

We Can Do It!



“Surround yourself with people who empower you to become better”.

We Can Do It!



**“Behind every
successful woman is a
tribe of other
successful wo/men who
hold her back”.**

Photo: Anne-Maria Yritys. <https://www.leadingwithpassion.org>



“The best leaders not only inspire us, they develop and empower us to lead with passion from whatever position we currently hold in life”.

-Ty Howard

We Can Do It!



“Your success & happiness lies within you. Resolve to keep happy & your joy & you shall form an invincible host against difficulties”.

-Helen Keller



**“Be kind to yourself.
You are the most
influential person you
will talk to all day”.**

-Zig Ziglar

We Can Do It!



**“Leaders become great,
not because of their
power, but because of
their ability to
empower others”.**

We Can Do It!



**“Beautiful people with
beautiful minds
empower others”.**

We Can Do It!



**“Confidence is not
'they will like me'.
Confidence is 'I will be
fine if they don't'”.**

We Can Do It!



“Turn your can’t’s into can’s and your dreams into concrete plans”.

We Can Do It!



“You can always tell who the strong women are. They are the ones building each other up instead of tearing each other down”.

Photo: Anne-Maria Yritys. <https://www.leadingwithpassion.org>

We Can Do It!



**“I am a female.
Fe = iron
Male = man**

**Therefore, I am an
ironman”.**



**“The thing women have
yet to learn is nobody
gives you power.**

You just take it”.

-Roseanne Barr

We Can Do It!



**“Nothing can dim the
light that shines from
within”.**

-Maya Angelou

We Can Do It!



**“What you allow is what
will continue”.**

Photo: Anne-Maria Yritys. <https://www.leadingwithpassion.org>



“Only insecure boys will belittle women. The greatest way to “man-up” is to empower women”.

-Dr. Steve Maraboli

We Can Do It!



“Coca-Cola sold 25 bottles in their first year so whatever you are going through, you will be just fine”.

We Can Do It!



**“You don’t get through
yesterday by talking
about it all the time.
You get rid of its effect
on you by moving
forward”.**

Photo: Anne-Maria Yritys. <https://www.leadingwithpassion.org>

We Can Do It!



**“Nothing will work
unless you do”.**

-Maya Angelou

We Can Do It!



“Promise me to remember that you are braver than you believe, stronger than you seem, and smarter than you think”.

-A.A. Milne

We Can Do It!



**“Be a woman who
overcomes obstacles by
tackling them in faith
instead of tiptoeing
around them in fear”.**

-Renee Swope

We Can Do It!



“When you choose to forgive those who have hurt you, you take away their power”.

Photo: Anne-Maria Yritys. <https://www.leadingwithpassion.org>

We Can Do It!



“I freed a thousand slaves. I could have freed a thousand more had they only known that they were slaves”.

-Harriet Tubman

We Can Do It!



**“In the future, there
will be no female
leaders. There will just
be leaders”.**

-Sheryl Sandberg

We Can Do It!



“Above all, be the heroine of your life, not the victim”.

-Nora Ephron

We Can Do It!



“Do not give up. The beginning is always the hardest”.

We Can Do It!



“Often it is the deepest pain which empowers you to grow into your highest self”.

Photo: Anne-Maria Yritys. <https://www.leadingwithpassion.org>

We Can Do It!



**“Never let anyone make
you manageable.
Remain untamed”.**

We Can Do It!



“Choose purpose over perfect”.

We Can Do It!



**“Do you want to meet
the love of your life?
Look in the mirror”.**

-Katie Byron

We Can Do It!



“Stop waiting for the light at the end of the tunnel - just light it up yourself”.

We Can Do It!



**“The true measure of
our success will be the
number of people
touched & transformed
by our success”.**

-Angela Ahrendts

We Can Do It!



**“We have to change
this idea that women
are only supposed to
work in the house:
women should go out
and be what they
want”.**

-Malala Yousafzai

We Can Do It!



**“Equality begins with
economic
empowerment”.**

-George H.W. Bush



**“Whatever the problem,
be part of the solution.
Don’t just sit around
raising questions and
pointing out
obstacles”.**

-Tina Fey

We Can Do It!



**“Awareness is
empowering”.**

-Rita Wilson

We Can Do It!



**“Behind every
successful woman is
herself”.**

We Can Do It!



**“I am deliberate and
afraid of nothing”.**

-Audre Lorde



“If you change the world for girls and women, you change society as a whole. It’s that simple”.

-Ruth Ann Harnisch



“Don’t wait for the perfect moment. Take the moment and make it perfect”.

-Zoey Sayward

We Can Do It!



“A woman is like a tea bag. You never know how strong she is until you put her in hot water”.

-Eleanor Roosevelt

We Can Do It!



“There is nothing more dangerous than lack of self love. So put your hand on your heart and feel the love now”.

-Pamela Miles

We Can Do It!



**“To educate girls is to
reduce poverty”.**

-Kofi Annan



**“Leadership is not
wielding authority - it
is empowering people”.**

-Becky Brodin

We Can Do It!



“Freedom cannot be achieved unless women have been emancipated from all forms of oppression”.

-Nelson Mandela

We Can Do It!



“Embrace your sweat. It is your essence and your emancipation”.

-Kristin Armstrong



**“If women understand
by emancipation the
adoption of the
masculine role then we
are lost indeed”.**

-Germaine Greer

We Can Do It!



“Today women in many countries participate in various types of movements of protest, some which are serious struggles for economic & social emancipation”.

-Kumari Jayawardena



**“Women’s history is the
primary tool for
women’s
emancipation”.**

-Gerda Lerner

We Can Do It!



**“The history of men’s
opposition to women’s
emancipation is more
interesting perhaps
than the story of that
emancipation itself”.**

-Virginia Woolf



**“Liberalism, above all,
means emancipation,
emancipation from
one’s fears,
inadequacies, from
prejudice, from
discrimination, from
poverty”.**

-Hubert H. Humphrey

We Can Do It!



**“What kind of man
wants a woman today
who cannot hold a
conversation”?**

-Malcolm X

We Can Do It!



“Laws and rules of conduct are for the state of childhood; education is an emancipation”.

-Andre Gide

We Can Do It!



**“A study of the history
of opinion is a
necessary preliminary
to the emancipation of
the mind”.**

-John Maynard Keynes

We Can Do It!



“Emancipation is the demand of civilization. That is a principle; everything else is an intrigue”.

-Ralph Waldo Emerson

We Can Do It!

